

Canteen Menu – Week beginning Monday 1st October 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING BREAK	Bacon / Sausages Rolls	Bacon/Egg / Hot Dog	Sausage Rolls / Croissants	Bacon / Pizza Pinwheels	Bacon / Sausages
	Quorn Sausage	Omelette Roll	Vegetarian Sausage Roll	Vegetarian Pinwheel	Quorn Sausages
LUNCH					
MAIN MEAL	Beef Lasagne	Chicken Curry	Roast Beef	Breaded Fish Fillet	Pasta Carbonara
VEGETARIAN	Vegetarian Burger in a Bun	Falafel Wrap	Roasted Vegetable Slice	Quorn Lasagne	Stir Fried Vegetables with Noodles
GLUTEN FREE	Cheese Omelette	Chilli Chicken Fillet	Sweet & Sour Chicken	Fish Fingers	Chicken Kebab Skewer
BURGER	Chicken Fillet	Beef Burger / Pork Rib	BBQ Chicken Fillet	Beef Burger / Pork Rib	Chicken Fillet
POT					
POTATO	Wedges	Criss Cross	Roast / Wedges	Chips	Sweet Potato
SIDES	Garlic Bread	Boiled Rice / Naan Bread	Yorkshire Pudding / Rice	Coleslaw	Garlic Bread
VEGETABLES	Mixed vegetables	Broccoli / Sweetcorn	Cabbage / Carrots	Peas / Corn Cobs	Savoury Rice / Green Beans